



AMC School of Dance

Dance Classes and Workshops for Nurseries, Schools and Community Groups 2023

one-off workshops

weekly, monthly
or termly sessions

projects and
collaborations



**Tailor created, professionally lead, educational dance
and creative movement sessions that work for you**



Who we are

AMC School of Dance is an award-winning, Leicestershire based, independent dance company that has been creating fun, creative and well structured dance sessions for Early Years Foundation Stage (EYFS), school children of all ages and adults of all abilities for over 11 years.

Our passion and ethos has always been harnessing the power of dance and creative movement to build confidence, nurture self development and to use as a learning resource to aid academic and key skill achievement, all within a joyful learning environment.

Why you should work with us

WE KNOW OUR STUFF

Our long serving and highly experienced small team of instructors have a wealth of knowledge and experience in delivering the very best dance sessions that consistently engage, build confidence and promote physical movement and fitness.

OUR SESSIONS ARE BESPOKE TO YOU

We individually prepare all our sessions to meet any brief set. All of our content is created and continually developed by us (no franchises here) meaning we are totally flexible to your requirements. We can tie-in with any themes and learning objectives, create sessions that work on a cross-curricular level, and flex our offering to any timing constraints. In short - you set the brief, we'll create and run an exceptional session to meet your needs.

WE'RE PROS!

We're known for the breadth of ages and requirements we work with, as well as our ability to engage, encourage, manage and involve every participant within a group. We have a wide range of props that we are able to use (especially useful in sessions with younger participants) and our own wireless speaker systems, meaning we're ready to teach indoor or outdoor without any prior set up or provision from you.

How we enhance what you do

Whether it's bringing a story to life through dance, providing an upbeat dance based physical education session or using movement to explore a range of academic topics; our classes consistently provide a memorable and fun dance experience for all. Perfect for PPA cover, school clubs, community group workshops or even staff CPD; we have solutions to strengthen your dance offering.

TESTIMONIAL

"We engaged Adele in Summer '22 to run dance sessions for children of primary school age who attended Grub Club in Loughborough. We wanted a combination of fun and physical fitness and that's exactly what Adele provided. Working with our weekly themes she knew exactly what was needed and provided a variety of steps and styles to suit all ages and personalities. With her own music and props she managed to encourage all children, however initially reluctant, and even the adult volunteers, to get on the floor. Friendly, reliable, good-natured, I have no hesitation in recommending Adele."

Catherine - Grub Club Leader.



Types of sessions

Get us in to lead a well structured, engaging, dance session for any age group. We can create and tailor a class to any brief, but here's a few ideas to get you started:

Creative movement classes

Perfect for nursery and EYFS settings, we provide fast-paced, exciting sessions combining story-telling, numeracy skills, team work and physical education with the encouragement for participants to unleash their imaginations. We use loads of props and catchy rhymes and songs to aid learning.

Book or themed workshops

We can create a dance session that explores a story or specific theme. For example, we've previously lead a range of musical theatre style sessions telling the stories of children's favourites such as Room on the Broom, The Gruffalo and The Tiger who Came To Tea for EYFS and KS1; Harry Potter and The Greatest Showman for KS2 and Shakespeare classics or the history of dance for KS3. We often use props and a mix of music, making what we do truly unique.

Genre specific

You may decide you want a specific style of dance or you want a routine created and taught to a specific song. Our most popular specific classes are Street dance, Modern (to popular music) and Musical Theatre, but we also teach Ballet, Tap, Jazz and Contemporary. These workshops and classes can be tailored to any age or group.





How we can work with you

Workshops and Special Classes

Book us in as a one-off workshop for a single group or multiple groups for as little as £49 an hour / £109 half day / £179 full day*. Further discounts available for block booking multiple sessions or days within 1 term.

Out of School Clubs

We're available to run before school, after school and lunch time dance clubs with price plans per session or per pupil.

Special Projects and Collaborations

Being a small, independent, yet highly experienced and skilled team means we can be flexible to any brief. We particularly enjoy getting involved in special projects such as choreographing and teaching for school or community productions, or teaching at parties and celebrations.

Providing Staff Training and CPD

We're also available to provide training to upskill school teaching staff in dance. We'll help build their confidence and breadth of knowledge to enhance their own classes and clubs.

DISCOUNTS

Discounts on our session rates are available for community and non-profit groups and organisations.

*Venues more than 10miles from Loughborough may be subject to a travel supplement.



CASE STUDY

AMC provided dance workshops at the YKC summer camp for 2 years running. Each was 90 minutes long and for around 85 participants aged 8-15 years

Here's what they had to say about our workshop...

"I thought their night ran really well. They kept everyone's attention throughout. The music remix was excellent and appealed to everyone. It was also nice that all the teams took part without having that element of competitiveness. I really enjoyed it as did all the team leaders! Wouldn't change anything!!"

What to do next

Want more information about how we can enhance your dance offering in your group or school?

Contact our lead instructor Adele Clarke in any of the following ways:

Email: info@amcschoolofdance.co.uk or adeleinlough@hotmail.com

Telephone: 07842098146

Text/Whatsapp: 07842098146

Find out more about us

Web: amcschoolofdance.co.uk

Facebook: AMC School of Dance

Instagram: @danceamc

bbodance
Ofqual and CDET qualified in Dance Teaching



**DANCE
SCHOOL**
OF THE YEAR*
★★★★★
FINALIST 2021

Children's Activity National
Leader of the Year